



Empowering leaders, Strengthening resilience in elderly care

The S4R Toolbox is an online platform offering cost-effective tools to empower leaders with actionable strategies to enhance resilience in elderly care.

01. The problem

Elderly care in Europe struggles with labor shortages, burnout, and capacity-demand gap, harming the mental well-being of healthcare workers and caregivers.

02. The ambition

The S4R project will go beyond current state of the art by developing, implementing, and evaluating a research-based digital S4R Toolbox to support healthcare leaders in promoting resilient performance and mental wellbeing among staff in elderly care settings.

Beyond the state of art



Organizational resilience

In need of tools for operationalization

Beyond state of art:
Provides a toolbox for leaders to strengthen resilience in elderly care



Individual resilience

Liability of coping is put on individuals.

Beyond state of art:
Toolbox for leaders supporting staff through organizational structures



Mental wellbeing

Interventions aiming at individuals less effective for change

Beyond state of art:
Toolbox supporting cultural change and adaptive capacity from the organizational level

Leaders – catalysts for support and change

Support4Resilience Toolbox



Mapping and Identification Tool that will provide leaders with a holistic awareness of the current status of the organization through integrating healthcare workers' and informal caregivers' perspectives.



Reflection and Education Tool will provide contextual understanding of 'work-as-done' rather than 'work-as-imagined', and educational components to identify successful adaptations and solutions to reduce capacity-demand gaps.



Re-organization Tool designed to guide leaders in reshaping care by identifying practices to keep, implement or de-implement, creating detailed action plans that enhance resilience, mental well-being, adaptability and efficiency.

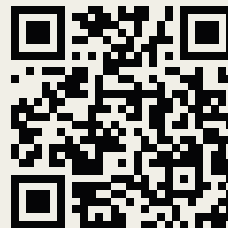
S4R highlights

- EU-funded project under Horizon Europe
- Led by a global consortium of experts
- Tackles local challenges with worldwide impact
- Grounded in robust empirical evidence
- Merges cutting-edge solutions with AI

Support ⁴ Resilience



Funded by the European Union



Join our journey!



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